



## 10-Hour General Industry Awareness Course

Day 1		
<b>Students must log on by 8:00</b>		8:00 - 8:10
<b>Course Logistics and Introductions</b>		8:10 - 8:45
<b>Introduction to OSH</b> (Reading CFR, Summary, Whistleblower Rights, SDS, Fatality Reports, OSH Website)		8:45 - 10:15
15 Minute Break		10:15 - 10:30
<b>Inspection Process</b>		10:30 - 11:30
60 Minute Lunch Break		11:30 - 12:30
<b>Personal Protective Equipment</b> (Subpart I)		12:30 - 1:30
15 Minute Break		1:30 - 1:45
<b>Health Hazards SEP</b>		1:45 - 2:45
15 Minute Break		2:45 - 3:00
<b>Bloodborne Pathogens</b> (Subpart Z)		3:00 - 4:00

Day 2		
<b>Walking Working Surfaces</b> (Subpart D)		8:00 - 9:00
10 Minute Break		9:00 - 9:10
<b>Hazard Communication</b> (Subpart Z)		9:10 - 10:10
10 Minute Break		10:10 - 10:20
<b>Machine Guarding</b> (Subpart O)		10:20 - 11:30
60 Minute Lunch Break		11:30 - 12:30
<b>Lockout/Tagout</b> (Subpart J)		12:30 - 1:30
10 Minute Break		1:30 - 1:40
<b>Exit Routes/Emergency Action &amp; Fire Prevention Plans</b> (Subpart E)		1:40 - 2:40
10 Minute Break		2:40 - 2:50
<b>Electrical Safety</b> (Subpart S) Basic		2:50 - 4:00

To receive a 10 hour card from the State, students must complete the full two days of this course.